# Integrating the Art and Science of Medicine with the Business of Medicine

Prof. Donald A. Chambers Board of Trustees Meeting Springfield IL November 14, 2013

# <u>Agenda</u>

- I. Origins of Modern Medical Education: Osler, Flexner, and Peabody
- II. Four Paradigms of Medicine
- III. Educating Physicians for Today and Tomorrow:a. GPEP Reportb. AAMC/HHMI Report
- IV. The University of Illinois and Medical Education

#### **Three Principles Defining Modern Medical Education**

William Osler: "Medicine is an art based on science."

Abraham Flexner: "Effective medical education must be done within the university."

Francis Weld Peabody: "Caring for the patient is caring about the patient."

#### The Four Paradigms of Medicine

- 1. Alleviate Suffering
- 2. Do No Harm
- 3. Medicine is an Uncertain Science.

4. Cells, Tissues, Organs and Organisms Obey the Laws of Chemical Equilibrium (Homeostasis) and Bioregulation Involves Signaling Coupled to information Flow. When these Rules are Violated, Pathology Ensues.

# Sir William Osler (1849-1919)

Most influential physician of the 20<sup>th</sup> century Pathologist, physician, educator, bibliophile, historian, and classicist Brought science into clinical practice

A. The Principles and Practice of Clinical Medicine, 1892

B. Postmortems and Pathology – The Scientific Basis of Clinical Medicine

C. Ward rounds, bedside teaching, clinical-pathological conferences

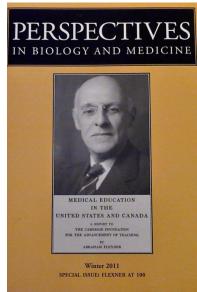
D. Aequinimitas: The patient/physician relationship



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# Abraham Flexner (1866-1959) and The Flexner Report (1910)

- American educator, commissioned by the Carnegie Foundation to assess American medical schools
- Used Hopkins as a standard, visited and rated 155 medical schools
- Established the university as a base for medical education
- Determined the medical curriculum: 2 years basic science, 2 years clinical subjects
- Argued for full-time medical faculty
- By 1920, 50 medical schools closed, leaving 81 medical schools operative in North America



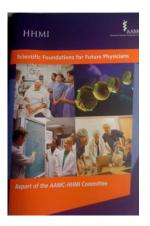
# <u>The General Professional Education of the Physician</u> and College Preparation for Medicine (GPEP) AAMC, 1984

1. Preprofessional education – develop analytic and diagnostic skills and instill humanistic values to promote respect and concern for patients

- 2. Encourage broad-based undergraduate education; the value of liberal arts
- 3. Pedagogy emphasis on critical thinking and problem-based learning in small groups rather than traditional lectures
- 4. Clinical clerkships reinforce humanism and the patient/physician relationship as a goal
- 5. Education as a professional goal of the medical faculty should be appreciated and rewarded

#### The Flexner Report Revisited

Scientific Foundations for Future Physicians: AAMC/HHMI, 2009



- Endorses the conclusions of the GPEP Report
- Medical education is a continuum for life:

University premedical education → Undergraduate medical education (UGME)→ Postgraduate medical education (PGME)→ Continuing medical education (CME)

All stages of medical education need to relate to the integration of information with the aim of producing a "competent physician"

### **Suggested Changes in Medical Education**

- Enhanced pre-medical education in sociology, psychology and behavioral sciences including health politics
- Revised MCAT exam (NEJM 366:1265, 2012)
- Elimination of Steps 1&2 USMLE exams
- New USMLE exam at the end of M-3 year
- Optional 4<sup>th</sup> year

# <u>The Beginnings of an Integrated Pre-medical – Medical Curriculum:</u> <u>The GPPA Medicine Program at UIC</u>

Four Pre-medical Didactic Discussion Courses:

- Medicine as a Profession
- The Evolution of Medicine
- Health Policy and Public Health
- The Art and Science of Medicine

UIC has a Comprehensive Academic Health Sciences Center that Must Intercalate with the Rest of the University



Pharmacy



Nursing



Dentistry



Hospital



Medicine



**Public Health** 



Applied Health Sciences



East Campus

#### <u>Conclusions</u>

- UIC contains all the ingredients to be at the forefront of academic medical centers in the state, the nation and the world
- Developing the appropriate effective infrastructure is critical to achieving a "brilliant future"